2020 | 1442 AH

The Days of Sayyidah Fatimah (a)

Project Booklet

Under the Guidance of Moulana Nabi R. Mir (Abidi)

Please recite a Fātiḥah for
the Vesal, Mirshekari, Bukhari, and
Memar families, and Hasan Abbas Taqvi,
the sponsors of this project booklet.

Important dates in Jumādā al-Ūlā

5th	Wilādah of Sayyidah Zaynab (ʿa), daughter of Imām ʿAlī (ʿa) (by some traditions)
13th	Shahādah of Sayyidah Fāṭimah az-Zahra (ʿa); beginning of Ayyam Fātimiyyā
15th	Wilādah of Imām Zayn ul-ʿĀbidīn (ʿa) (by some traditions)

Important dates in Jumādā al-Ukhrā

3rd	Shahādah of Sayyidah Fāṭimah az-Zahra (ʿa)
13th	Wafāt of Umm ul-Banīn
20th	Wilādah of Sayyidah Fāṭimah az-Zahra (ʿa)

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and go to **kisakids.org/donate** to help us continue our efforts.
Please recite a Fātiḥah for the marhumin of those
who contributed to this booklet.

INFORMATION AND INSPIRATION:

Shiite News - Martydom of Sayyida Fatimah and the Last Days of Her Life
al-islam.org
Islam from the Start - Surah Kawthar

Happy Craft - 3D Pop-up
Teaching Young Muslims - Titles of Bibi Fatemah Zahra (SA)
Meaningful Mama - Red Sea Craft
5 Minute Crafts - Mother's Day card

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freepik.com
Calligraphy by Fatima - https://www.facebook.com/Calligraphy-by-Fatima-389817171605350/

بِسۡمِ اللّٰہِ الرَّحۡمٰنِ الرَّحِیۡمِ

Salāmun ʿAlaykum,

May Allah bless you and your families.

I would like to extend our sincerest condolences to the Imām of our time, Imām Mahdī (ʿaj), our great marājiʿ and scholars, the Muslim ummah, and all the believers on the commemoration of Sayyidah Fāṭimah's (ʿa) shahādah.

In these days of the martyrdom of our beloved Noble Lady, we should take time to learn about the different aspects of her life, such as her different titles. One's titles give insight into that person's values, strengths, and internal realities. Titles given by Allah hold a special weight and significance, and are a means of guidance. One of the titles given to Sayyidah Fāṭimah (ʿa) is al-Mubārakah — goodness that is pure and has a great effect, even if it comes from the smallest of quantities. This great lady lived a short life of only 18 years old, but how blessed her life was, bringing us here together in her love 1,400 years later.

She may have lived a short life, but the goodness that she instilled in her children was pure and continues to be a source of guidance for the Muslim ummah, hundreds of years after her death. It is through her lineage that today, the current and awaited Imām (ʿaj) lives on the same earth and breathes the same air that we do.

The month of Jumādā al-Ūlā and Jumādā al-Ukhrā are the months of preparation and purification. These two months are the foundational months in which one has the opportunity to remove impurities in order to attain higher spiritual levels. These two months are considered full of immense goodness due to the birth and martyrdom of Sayyidah Fāṭimah az-Zahrāʾ (ʿa) falling within them. She is a mercy for the Noble Prophet (ṣ), who himself was a mercy for humankind. She was a mercy to him because she was considered a source of goodness from Allah; it is said that if Allah wanted to create all the beauty and goodness in the form of a person, it would be Sayyidah Fāṭimah az-Zahrāʾ (ʿa).

Indeed, amongst her many great roles was her lofty role of mother to two Imāms. From her, we learn about the honor and nobility that comes with the title of "mother," the heart of the household. A mother is truly a source of blessings and barakah, and as our ḥadīth tell us, Heaven lies under her feet. During these days, we remember the best of mothers, and we must give our mothers the true honor and respect of which they are worth.

In honor of Sayyidah Fāṭimah (ʿa) in 2020/1442, we are pleased to launch the fourth annual Days of Sayyidah Fāṭimah Project Booklet. This booklet includes five lesson plans that help commemorate the greatest lady for the next month, as we will be remembering her from her shahādah to her wilādah. Take these days during Covid-19 as an opportunity to learn from the life of our beloved Noble Lady (ʿa) and remember to connect with one of her characteristics each day, so our children can build a long, life lasting connection to Sayyidah Zahrāʾ (a).

JazākAllāh and Best Wishes,
Nabi R. Mir (Abidi)
Resident ʿĀlim of SABA Islamic Center

Lesson 1: Mubārakah - The Blessed One

Objective: Children will learn about the Days of Sayyidah Fāṭimah (ʿa) and one of her titles.

It is that time of the year where we remember our beloved lady, Sayyidah Fāṭimah (ʿa). There are two main traditions of her shahādah: 13th Jamādī al-Awwal and 3rd Jamādī ath-Thānī. Sadly, she only lived for a short time after her father, Prophet Muḥammad's (ṣ) death, and in that time she suffered terrible tragedies. The days in between these two dates are known as Ayām al-Fāṭimiyyah—the Days of Sayyidah Fāṭimah (ʿa). During these days, we mourn for her by attending majālis. Let us take a look at the life of Sayyidah Fāṭimah (ʿa) and learn lessons from her characteristics.

One of Sayyidah Fāṭimah's (ʿa) titles is al-Mubārakah, which means the blessed one. When something is a blessing, it is something that may be small or limited, but has a huge impact. Sayyidah Fāṭimah's (ʿa) life is a great example of this. She did not have a very long life, but in just 18 years, she showed a great character and was the best example for not just women, but for all the believers.

If we do things for Allah, even if they are small, they have a big effect. For example, giving ṣadaqah, being kind to others, and being kind to parents. These are all things that aren't very complicated or hard to do, but have a big reward. There is barakah in these actions because anything connected to Allah becomes mubārak, or blessed. Even some days have barakah, such as Eid and Friday, which is why we say "Eid Mubārak" and "Jumuʿah Mubārak" to each other on those days. Today, we'll make a craft that reminds us of the great blessings that come from small acts.

Blessings Pop Up Craft

Suggested Ages: 5+

Time: 40 minutes

Materials:

- Pop up template
- Crayons/colored pencils
- Scissors

Procedure:

1. Color and decorate the template however you like.
2. Fold the template in half widthwise.
3. Then fold it in half again. This should make 4 sections.
4. Now open the folds and fold in half longways along the existing fold. Be sure the curved dotted line is showing.
5. Carefully cut along the curved dotted line. Be sure to stop where the dotted line ends and do not cut more.
6. Now fold that curved flap along the thin solid diagonal line.
7. Open all of the folds and fold the paper again in half widthwise with the words and images showing.
8. Now fold in half again as if closing a card, with the curved pop up on the inside. You may have to fold the pop up part down along the diagonal lines.
9. When you open the card, it should pop up.
10. You can also watch this video to try it yourself: https://www.youtube.com/watch?v=vvUGYqz_7a4

small things can
have a lot of...

BLESSINGS!

MUBĀRAKAH

THE BLESSED ONE

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Lesson 2: Fāṭimah is a Part of Me

Objective: Children will learn a ḥadīth of the Prophet (ṣ) about Sayyidah Fāṭimah (ʿa).

During these days, we are remembering and mourning for Sayyidah Fāṭimah (ʿa), the daughter of our Noble Prophet (ṣ). There are many sayings and ḥadīth about Sayyidah Fāṭimah (ʿa) that tell us what kind of person she was, and that show her characteristics. Today we are going to learn how our Noble Prophet, Prophet Muḥammad (ṣ), describes Sayyidah Fāṭimah (ʿa) and what that tells us about her status.

In one ḥadīth, Prophet Muḥammad (ṣ) says, "Fāṭimah is a part of me; whoever hurts her has hurt me, and whoever pleases her has pleased me." 1 What does this mean? Of course, as a father, he is telling us her relation to him, but the Prophet (ṣ) is telling us that his connection with Sayyidah Fāṭimah (ʿa) is much more than the biological connection of a father and daughter. He is saying that her character, piety, and closeness to Allah is the same as his own, that her actions were furthering his message. It was to the point that her happiness made the Prophet (ṣ) happy, and her pain was the Prophet's (ṣ) pain as well.

Sadly, there were those who did not recognize this great status of Sayyidah Fāṭimah (ʿa), and they instead caused her a lot of pain. The physical and emotional tragedies she faced were very severe, and they took place just days after her father, Prophet Muḥammad (ṣ) had passed. It is important for us to not only remember these tragedies, but to also understand them, by understanding Sayyidah Fāṭimah (ʿa).

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1 Biḥār al-Anwār, Vol. 43, Hadīth #170; Saḥīḥ al-Bukhārī, P. 684, Hadīth #3767.

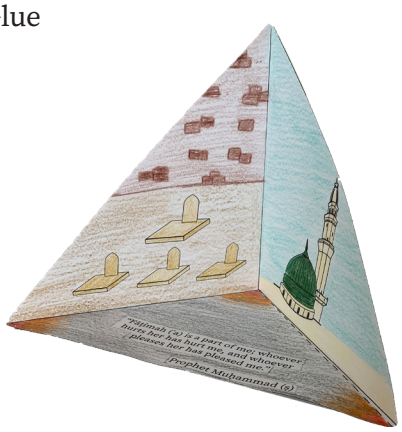
Jannat ul-Baqīʿ Triorama

Suggested Ages: 5+

Time: 40 minutes

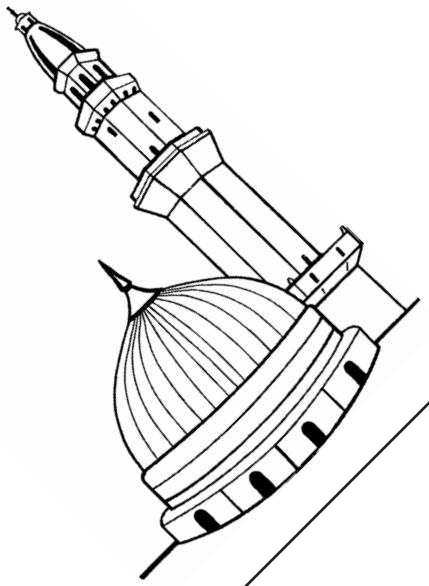
Materials:

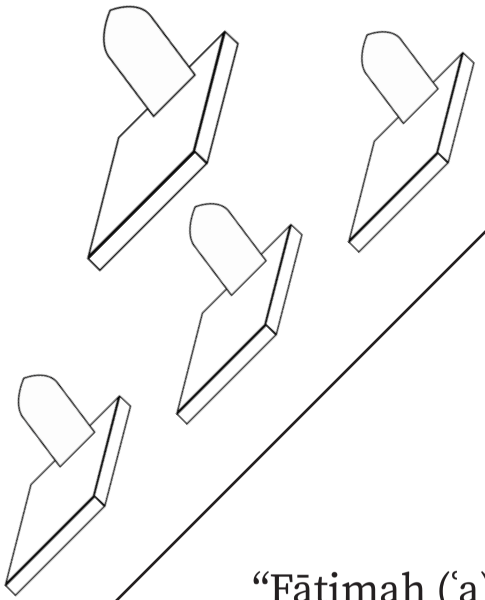
- Triorama template
- Crayons/colored pencils
- Scissors
- Glue



Procedure:

1. Color and decorate the pictures however you like.
2. Cut out the square all along the outer edges.
3. Fold the square in half diagonally. Open the fold.
4. Then, fold the square in half again, diagonally along the other line. Open the fold.
5. Cut along the dotted line that goes diagonally halfway across the square and ends at the middle. Be sure not to cut all the way across.
6. Now, bring the triangle with ḥadīth over the blank triangle and glue it. This should make a kind of hollow pyramid with the two pictures of Masjid al-Nabawī and Jannat ul-Baqīʿ facing you.





“Fāṭimah (ʿa) is a part of me; whoever hurts her has hurt me, and whoever pleases her has pleased me.”

Prophet Muḥammad (ṣ)

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Lesson 3: The Best Example

Objective: Children will learn some titles of Sayyidah Fāṭimah (ʿa) and how they can follow her example.

The Days of Sayyidah Fāṭimah (ʿa) continue, and we are learning about her each day in order to understand her better and build a strong connection with her. So far, we have talked about the status of Sayyidah Fāṭimah (ʿa), as told by the Noble Prophet (ṣ), and one of her titles. Today, we will take a look at some more of her titles and see how we can follow her good example.

Prophet Muḥammad (ṣ) has said, *"Fatima is the leader of the women of the world."*[1] This tells us that she is the best role model for all Muslims, particularly Muslim women. We can see some of her characteristics through the meanings of her titles. One of her titles is Ṣiddiqah, which means the truthful. Sayyidah Fāṭimah (ʿa) not only spoke the truth, but stood up for the truth when others tried to cover it with falsehood. It is very important to be honest and to always tell the truth. Another title is ʿĀbidah, which means the one who worships. Worshipping and remembering Allah is a foundational part of being a Muslim, and Sayyidah Fāṭimah (ʿa) was the most pious woman. She is also known as Marḍiyyah, which means the one who Allah is pleased with. What do you think that means? This means that her actions and character were such that Allah was pleased with her. Wouldn't we like Allah to be pleased with us?

These are just a few titles of Sayyidah Fāṭimah (ʿa), and of course, all of the Ahl al-Bayt (ṣ) had these characteristics as well. Let us learn a few more and come up with ways that we can adopt these great qualities.

1 Biḥār al-Anwār, Vol. 35, P. 45

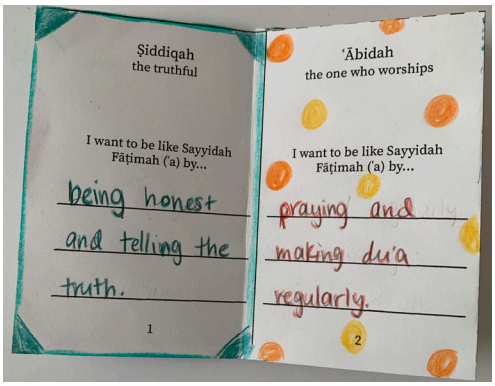
"I want to be like..." Booklet

Suggested Ages: 5+

Time: 40 minutes

Materials:

- Booklet template
- Pen/pencil
- Crayons/colored pencils
- Scissors
- Stapler



Procedure:

1. First fold the paper in half lengthwise, with the dotted line parallel with the fold.
2. Then, unfold the paper and fold the paper in half widthwise, with the dotted line perpendicular with the fold. Cut on the dotted line so that the top boxes are not joined and can move like flaps.
3. With the paper still folded in half, fold each half in half by bringing the edge of the paper to the middle fold. Open up all of the folds.
4. Next, fold the paper in half lengthwise. Then, holding the ends of the folded paper, push towards the center so that the cut opens up into a box shape and push all the way so that the paper forms a plus sign.
5. Once the paper is in the shape of a plus sign, locate the front and back covers and fold them over so that the center pages are tucked in, thus forming the pages of their booklet.
6. Open the booklet to the middle and lay it flat. Staple along the solid line in the middle to prevent the booklet from coming undone.
7. Press the fold firmly so that it lies as flat as possible, like a booklet.
8. Fill in the blanks on the pages. Color and decorate however you like.

(project inspired by Teaching Young Muslims: https://teachingyoungmuslims.com/2017/02/28/titles-of-bibi-fatemah-zahra-sa/)

Ṣiddiqah
the truthful

I want to be like Sayyidah Fāṭimah (ʿa) by...

1

ʿĀbidah
the one who worships

I want to be like Sayyidah Fāṭimah (ʿa) by...

2

Marḍiyyah
the one who Allah is pleased with

I want to be like Sayyidah Fāṭimah (ʿa) by...

3

Ṭāhirah
the pure one

I want to be like Sayyidah Fāṭimah (ʿa) by...

4

Zahrāʾ
the radiant one

I want to be like Sayyidah Fāṭimah (ʿa) by...

5

Ummi Abīhā
the mother of her father

I want to be like Sayyidah Fāṭimah (ʿa) by...

6

Teaching Young Muslims

I want to be like Sayyidah Fāṭimah (ʿa)

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Lesson 4: An Abundance of Good

Objective: Children will learn about Sayyidah Fatimah's (a) wilādah, and the significance of Sūrah al-Kawthar.

There was a time when Prophet Muḥammad (ṣ) did not have any children. Everyone used to make fun of the Prophet (ṣ) and they would call him abtar, which means “cut off,” because he didn’t have any children to carry on his family. When Sayyidah Fāṭimah (ʿa) was born on the 20th of Jumādā al-Ukhrā, Allah revealed Sūrah al-Kawthar. When asked what kawthar meant, the Prophet (ṣ) said it was a stream in heaven, especially for the believers. Kawthar also means “abundance” or “plenty.” This sūrah was Allah’s promise to Prophet Muḥammad (ṣ) that his progeny would grow to an abundance while the enemies of the Prophet (ṣ) will be abtar (cut off).

The promise of Allah was certainly true. The disbelievers thought the name of the Prophet (ṣ) would be forgotten, yet 1,400 years later, the Noble Prophet (ṣ) is still remembered and loved. We hear the name of Prophet Muḥammad (ṣ) all around the world, in the adhān, during ṣalāh, and in the ṣalawāt.

Sayyidah Fāṭimah (ʿa) was a gift at a time when girls were being buried alive and there was no respect for women. Allah's gift to the Prophet (ṣ) was Sayyidah Fāṭimah (ʿa)! Sayyidah Fāṭimah (ʿa) was the kawthar, the abundance, from which we have our Imāms and Ahl al-Bayt (ʿa), the best progeny and family.

River of Abundance Craft

Suggested Ages: 5+

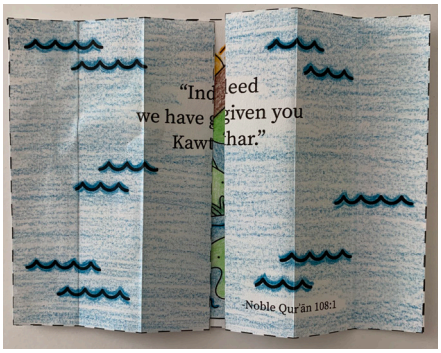
Time: 40 minutes

Materials:

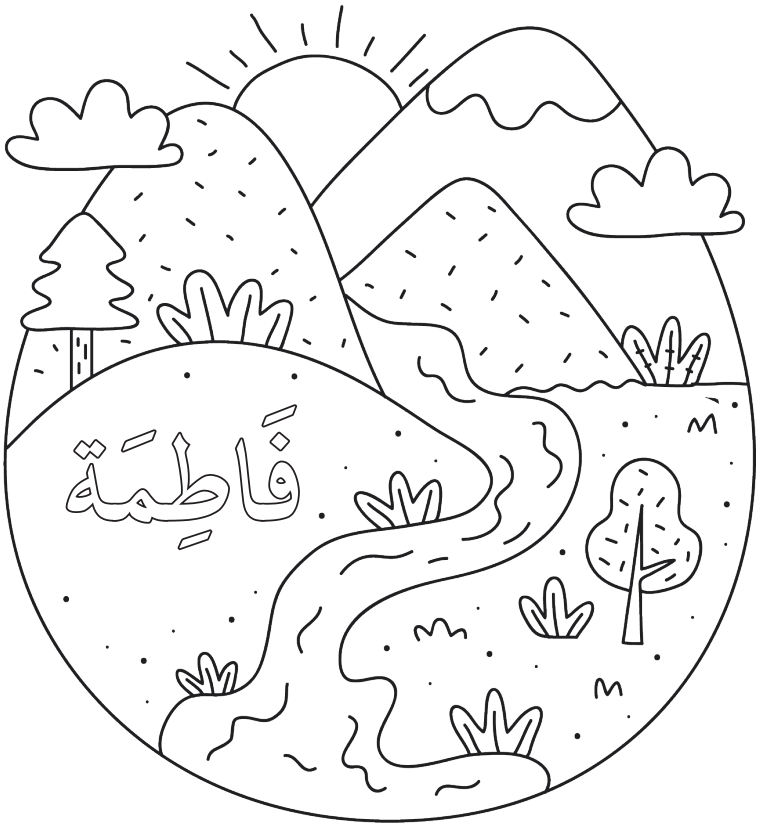
- River template
- Crayons/colored pencils
- Scissors
- Glue

Procedure:

1. Color and decorate the pictures however you like.
2. Cut out the 2 rectangles all along the dotted line.
3. Take the one with the words on it and cut in half along the dotted line.
4. Fold each half lengthwise accordion style, making 3 sections on each.
5. Glue each half on top of the other rectangle piece where it says “glue here”. Be sure the words on the 2 halves are matching up.
6. When the folds are open it should say “Indeed we have given you Kawthar” and when the folds are folded back, it should reveal the images and the name “Fāṭimah (ʿa).”



glue here



glue here

“Indeed
we have given you
Kawthar.”

-Noble Qurʾān 108:1

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Lesson 5: Mother's Day

Objective: Children will learn about appreciating parents, especially mothers, and learning one way to pray for them.

Parents are an extremely vital part of our lives. They are our foundation, shelter, support, and much more. Mothers are especially important because they are our nurturers, and without them we would not even be here. So what is the best way to appreciate our mothers and fathers? Here is a special duʿā in the Noble Qurʾān: Rabbir-ḥamhumā kamā rabbayānī ṣaghīrā. This means "My Lord! Have mercy on them both [my parents] just like they took care of me when I was little."1 In this duʿā, we are praying for Allah to bestow His mercy on our parents just as they had when we were young and depended on them. What a beautiful duʿā! Over the next few days, we will learn this duʿā so that we can recite it everyday for our parents, inshāʾAllāh!

These are the Days of Sayyidah Fāṭimah (ʿa), the best mother in the whole world! She was the mother of two of our Imāms, and Imām Ḥusayn (ʿa), and of Sayyidah Zaynab and Sayyidah Umm Kulthūm. One of Sayyidah Fāṭimah's (ʿa) titles is Ummi Abīhā, which means the mother of her father, who was Prophet Muḥammad (ṣ). As we have learned before, the Prophet (ṣ) is a mercy for all mankind. Sayyidah Fāṭimah (ʿa) cared for her father just as a mother would her child and was a mercy to him, so she is all of our mothers. In remembrance of our mother Sayyidah Fāṭimah's (ʿa) wilādah, we are going to make a special Mother's Day card.

1 Noble Qurʾān 17:24

Mother's Day Card

Suggested Ages: 5+

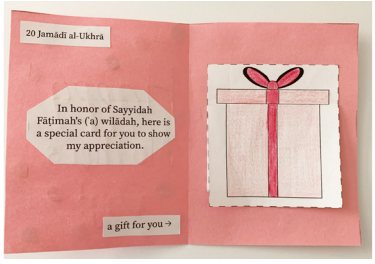
Time: 40 minutes

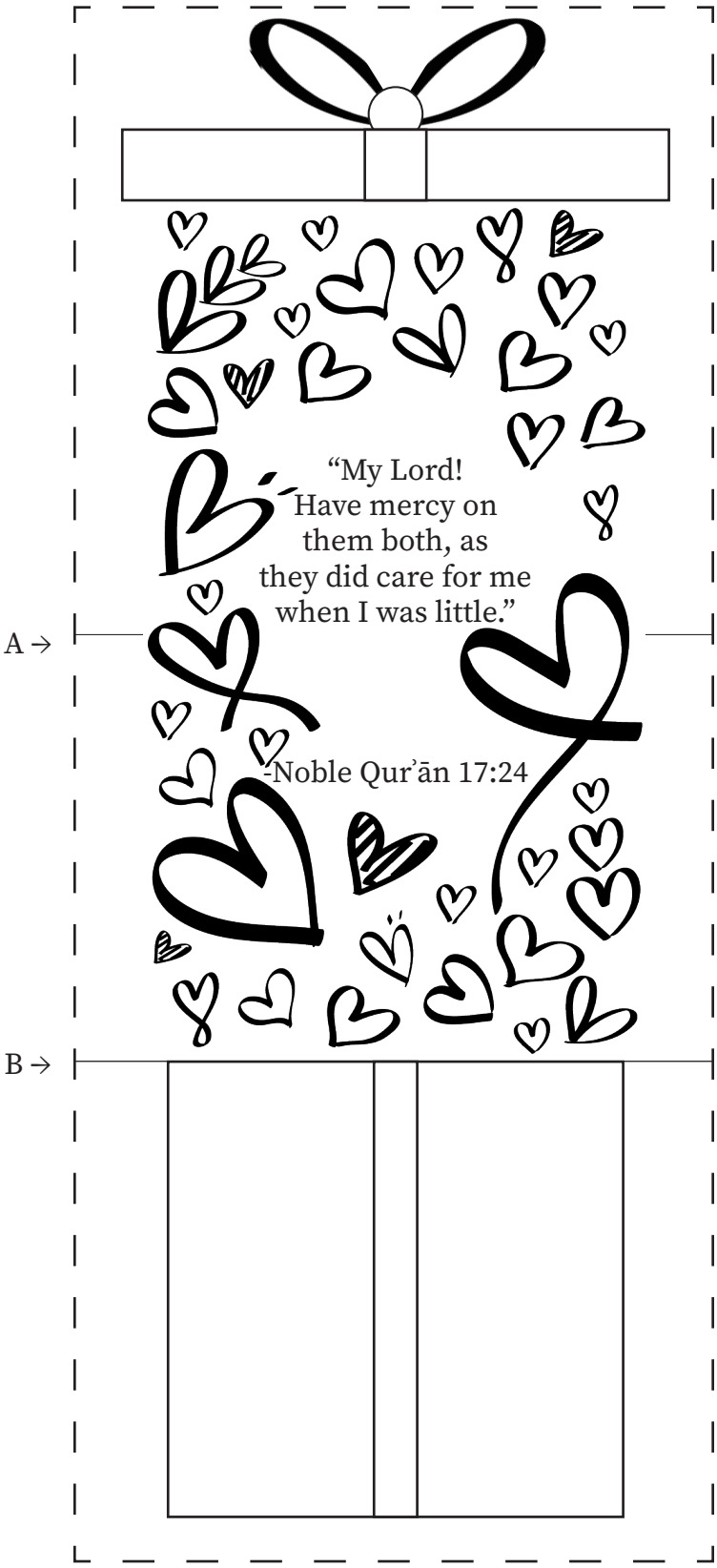
Materials:

- Card template
- Crayons/colored pencils/ markers
- Scissors
- Glue
- Optional: colored paper

Procedure:

1. Color and decorate the gift image of the template however you like.
2. First, fold along the thin solid line labeled A. The words should be on the inside.
3. Then, open that fold and fold along the thin solid line labeled B. The bottom half of the gift should be on the outside. When both folds are folded, it should look like a closed gift box. Open the folds.
4. Cut out the rectangle with the gift image on it all along the dotted line.
5. Cut out the big rectangle from the next page. This will be the card (optional: you can cut out an 8.5 in x 5.5 in rectangle from a colored paper to make your own card).
6. Fold the card in half along the thin solid line. The card message should be on the inside. Set aside.
7. Open the card and glue the back of the closed gift to the right side (the card message should be on the left).
8. Color and decorate the card however you like.




“My Lord!
Have mercy on
them both, as
they did care for me
when I was little.”
-Noble Qurʾān 17:24
A →
B →

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20 Jumādā al-Ukhrā

In honor of Sayyidah Fāṭimah's (ʿa) wilādah, here is a special card for you to show my appreciation.

a gift for you →

Gift: paste back of folded gift craft here.

Card: cut this page in half along the dotted line, then fold in half width ways along the thin solid line to make a card.

Card = 8.5 in x 5.5 in

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AL-KISA FOUNDATION

UNDER THE CLOAK OF GUIDANCE AND MERCY